

# AED

## Automated External Defibrillator

1. Turn on the AED.

2. Check the person:

- If the person is lying in water or blood, pull the person clear.
- Remove all clothing, jewellery and medical patches that may come in contact with the pads.
- Make sure the chest is dry and free of hair.



3. Follow the diagrams on the pads to place them on the person.

- If you see a small scar and a lump on the chest, apply the pads about 2.5 cm (1 in) away from the lump.
- For a child or baby, use child or baby pads or ensure that the pads are 2.5 cm (1 in) apart. Place one on the front and one on the back if necessary.



4. Follow the AED's instructions.

When the AED prompts you to give a shock, stand clear.

**Make sure no one is touching the person during the "shock" phase.**



The information on this poster does not replace formal First Aid & CPR training.

To find a Red Cross First Aid course in your area scan the QR code, or:

[redcross.ca/firstaid](https://redcross.ca/firstaid) | 1.877.356.3226



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